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## POST CHEMICAL PEEL INSTRUCTIONS

1. Apply Aquaphor to treated areas 3-4 times per day and evening. It is very important that you keep the treated areas moist so healing occurs appropriately.
2. You may gently mist your face with cool water or use cool water “soaks” gently and lightly to the treated areas as needed. Just remember to re-apply aquaphor afterward to keep the area moist.
3. On day TWO you may begin cleansing the area gently with CETAPHIL Liquid Cleanser (over the counter). Reapply aquaphor generously to the cleansed areas to protect and moisturize.

The goal of post treatment is to keep the treated area well lubricated with aquaphor and NOT allow the areas to dry out, scab or crust over. A thin brownish layer may develop over the peeled area – do not pick, peel or scratch these regions. This brownish layer will slough off on its own when the new skin below is ready for exposure.

4. You will begin to notice the new skin on about day 3 – it will be pink and slightly sensitive. DO NOT expose this new skin to any direct UV sunlight to minimize potential discoloration of the new skin.
5. SPF > 30 must be used at all times the skin is exposed to UV.
6. You may return to your normal skin routine at day 4 or 5.

IF.....you have any questions or concerns, please do not hesitate to contact the office ASAP. If you experience a fever, chills, drainage, or discharge, excessive pain or other abnormal symptoms, contact the office immediately.  
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